



Step By Step Mastering Vocabulary

IELTS™



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1. Relationships, Family and Early Learning

Nouns:

adolescence - adulthood - bond - brotherhood - character - childhood - conflict - connection - fatherhood - friendship - instinct - interaction - motherhood - nature - parent - relation - relationship - relative - resemblance - rivalry - sibling - teenager - temperament - ties - upbringing - active role

Collocations + Compound Nouns:

extended family - family gathering - immediate family - maternal instinct - sibling rivalry - stable upbringing - striking resemblance

Adjectives:

close - close-knit - maternal - parental - rewarding - stable

Verbs:

accommodate - adopt - breakdown - develop - endure - establish - have sth in common - inherit - interact - nurture - play a role - relate (to)

2. The Body and the Mind

Nouns:

ability - adolescent - behaviour - childhood - concept - consequence - gesture - growth - height - imagination - infancy - infant - knowledge - maturity - memory - milestone - mind - peers - period - phase - rate - remainder - social skills - skill - stage - toddler - transition

Adjectives:

abstract - cognitive - clumsy - fond - fully-grown - immature - independent - irresponsible - mature - patient - rebellious - significant - tournament

Verbs:

acquire - develop - gesture - grow - imitate - look back - master - mature - remember - remind - reminisce - throw a tantrum - visualise

Adverbs:

typically

Phrases with *mind*

bear in mind - broaden the mind - have something in mind - have something on your mind - it slipped my mind - keep an open mind - my mind went blank - put your mind at ease

3. Diet, Health and Exercise

Nouns:

allergy - anxiety - appetite - artery - asset - benefit - cravings -
depression - diagnosis - diet - dietitian - disease - eating - disorder -
exercise - factor - fast food - fat - harm - health - heart attack -
infection - ingredient - insomnia - intake - junk food - muscle - nutrient -
nutrition - obesity - onset - portion - risk - serving - stress - stroke -
treatment - therapy - variety - weight

Adjectives:

acute - allergic - alternate - brisk - chronic - harmful - healthy -
infectious - moderate - obese - overweight - persistent - regular - vital

Verbs:

avoid - counteract - curb - cure - diminish - disrupt - eliminate -
maintain - overdo - overeat - prevent - recommend - recover - reduce -
skip - stimulate - trigger

4. Life and Leisure

Nouns:

activity - aspect - attitude - (achieve a) balance - competition - creativity - daily routine - desire - disappointment - experience - fulfilment - goal - hobby - insight - leisure - lifestyle - optimist - outlook - opportunity - personality - pessimist - priority - pressure - realist - risk-taker - self-expression - sense

Adjectives:

active - bored - confused - dissatisfied - intense - materialistic - negative - outdoor - positive - recreational - successful

Verbs:

achieve (a goal) - appeal - attract - choose - express - enjoy - fulfil - improve - motivate - participate - regret - relax - satisfy

Verb Phrases:

lead a happy life - live life on the edge - live life to the full - make a choice - make a decision - make a living - meet a need - miss (an opportunity) - play a role - put pressure on - set (a goal) - take part (in) - work hard for a living

Phrases with *life* or *living*

all walks of life - cost of living - lifelong ambition - living expenses - once-in-a-lifetime opportunity - standard of living - way of life